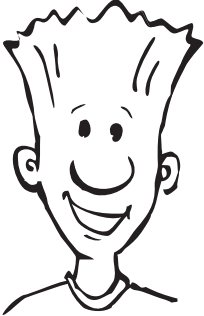
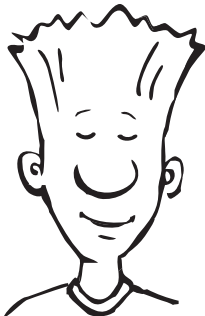
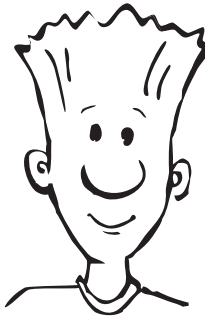
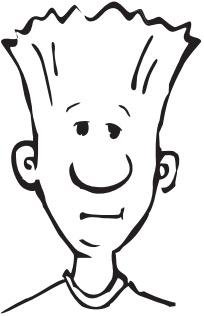
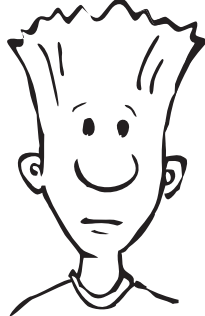
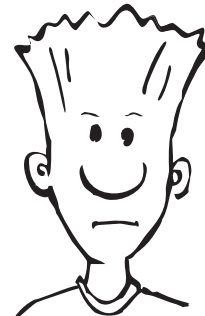
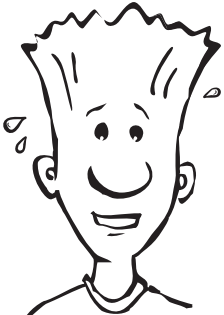




Name: \_\_\_\_\_

Date: \_\_\_\_\_

## How do you feel about the test today?

Directions: Circle the face that best describes you today. Don't see one for you? Draw your own!

 <p><b>Confident</b> Bring it on! Let's take it now!</p>	 <p><b>CaLm</b> I'm ready and will be fine.</p>	 <p><b>HOPEFUL</b> I think I can do this</p>
 <p><b>unconcerned</b> What test? It's no big deal.</p>	 <p><b>Concerned</b> I'm a little worried and uneasy</p>	 <p><b>Frustrated</b> Quit talking about it</p>
 <p><b>Nervous</b> I'm scared and worried.</p>	 <p><b>Freaked out</b> I'm dreading it!</p>	 <p>How do <b>YOU</b> feel?</p>

Write a short goal to help you feel confident about the test.

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