



These resources are designed to reduce the stress during test prep days. Resources and activities provide you with **brain breaks** to help your students be healthy from head to toe!

Every Lesson:

- Identifies **key vocabulary** and **tricky phrasing**
- Includes **discussion starters** and **questions to check for understanding**
- Features engaging **writing prompts**
- Includes **activities** and at least one **printable** activity or resource

Three book-based lesson plans, plus a classroom video, that will help students do their best on the test



K-6 Video & Lesson Plan

NED's Testing Tips Rap ©2012 All for KIDZ 3:31 mins

- **Lyrics Sheet:** Follow along with the rap!
- **Activity Sheet:** Color in each testing tip

	Book Title and Author	Printable Activities	Themes
IDEAL FOR 3-6 LESSON PLANS INTERMEDIATE	<p>Hooray for Diffendoofer Day! by Dr. Seuss with Jack Prelutsky & Lane Smith</p>	<ul style="list-style-type: none"> • Rhyming Words: Write a humorous poem • Venn Diagram: Compare/Contrast Activity • NED Doodle: Creative Brain Break 	Do Your Best Stress Reduction Emotions & Feelings Test Anxiety
	<p>Testing Miss Malarkey by Judy Finchler and illustrated by Kevin O'Malley</p>	<ul style="list-style-type: none"> • Acronym Extravaganza: Create a humorous acronym • How Do Your Feel?: Identify emotions • Brain Break Countdown: 10 Brain Breaks song and activity 	Brain Breaks
	<p>The Big Test by Julie Danneberg and illustrated by Judy Love</p>	<ul style="list-style-type: none"> • NED's Brain Break: Four all-class brain break ideas • Make a Squish Ball: Instructional activity • Bubble Art: Get creative while practicing bubble fill-in 	