



Share a kind smile.

Complete the challenge!

Initial the card! Pass it on!

Return cards at the end of day.

1 2 3 4 5

How many acts of kindness can your school do in one day? In one week?

NED's Kindness Day

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Say "hi" to someone you don't usually talk to.

Complete the challenge!

Initial the card! Pass it on!

Return cards at the end of day.

1 2 3 4 5

How many acts of kindness can your school do in one day? In one week?

NED's Kindness Day



Compliment someone on their school work.

Complete the challenge!

Initial the card! Pass it on!

Return cards at the end of day.

1 2 3 4 5

How many acts of kindness can your school do in one day? In one week?

NED's Kindness Day

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Play with someone you didn't play with yesterday.

Complete the challenge!

Initial the card! Pass it on!

Return cards at the end of day.

1 2 3 4 5

How many acts of kindness can your school do in one day? In one week?

NED's Kindness Day



Help someone.

Complete the challenge!

Initial the card! Pass it on!

Return cards at the end of day.

1 2 3 4 5

How many acts of kindness can your school do in one day? In one week?

NED's Kindness Day



Write your own:

Complete the challenge!

Initial the card! Pass it on!

Return cards at the end of day.

1 2 3 4 5

How many acts of kindness can your school do in one day? In one week?

NED's Kindness Day